

# École Joe Clark School    A 7 Habits School

This is our second year as a 7 Habits School. The 7 Habits serve as a framework for students and staff to live according to principles such as responsibility, planning ahead, respect for others, teamwork and balance. Living through the 7 Habits inspires us to discover the leadership potential in all members of the school community.

## **Habit 1: Be Proactive**

I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

## **Habit 2: Begin With the End in Mind**

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.

## **Habit 3: Put First Things First**

I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.

## **Habit 4: Think Win-Win**

I balance courage for getting what I want with consideration for what others want. When conflicts arise, I look for a win-win solution.

## **Habit 5: Seek First to Understand, Then to Be Understood**

I listen to other people's ideas and feelings. I try to see things from their viewpoint. I listen to others without interrupting. I listen with my ears, my eyes, and my heart. I am confident voicing my ideas.

## **Habit 6: Synergize**

I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas because I know that by teaming with others, we can create better solutions than any one of us can alone.

## **Habit 7: Sharpen the Saw**

I eat right, exercise, and get enough sleep. I learn in lots of ways and lots of places, and take time for things I enjoy doing. I spend time with family and friends. I take time to find meaningful ways to help people.

